



Plain and Straight



December 2010
The Newsletter of Pinellas
County Intergroup

The Pinellas County Intergroup's Primary Purpose is to assist and support the A.A. groups of Pinellas County, and surrounding areas, to carry the message of Alcoholics Anonymous to those who suffer from alcoholism. It is responsible to the member groups of the county. The voting body consists of representatives from each group, who decide on and implement the decisions concerning A.A. in Pinellas County. It is responsible for the maintenance of Central Office which provides general information and services, maintains a 24 hour phone line, publishes meeting schedules, and makes available an inventory of approved merchandise and literature for visitors, groups, and the general public. In all of its activities and policies, the Pinellas County Intergroup practices and observes the spirit of A.A.'s Twelve Traditions, the Twelve Concepts of World Service, and promotes unity and fellowship among all the member groups it serves.



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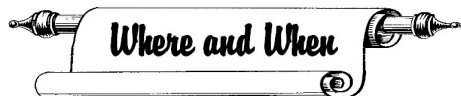
On web site: "What's Happening"

"Plain & Straight"

Editor: Pip T.

Submit Anniversaries:

On web site: "Group Submissions" >
"Anniversary Information Form"



Email: whereandwhen@aapinellas.org

On web site: "Find a Meeting"

Add new meetings:

On web site: "Group Submissions" >
"New Meeting Form"

Change Meetings:

On web site: "Group Submissions" >
"Meeting Change Form"



Email: unitymeeting@aapinellas.org

On web site: "Find a Meeting" > Unity
Speaker Meeting

Unity Meeting Sign-up and Calendar:
"Group Submissions" > "Unity Sign-Up Form"

Spotlight Meeting

FREE SPIRITS

Open Discussion, Friday, 8:00 PM

Northwood Presbyterian Church

2875 SR 580, Clearwater



If you've never been to Free Spirits, the first thing you'll notice is the laughter that permeates the meeting – before, during and after. Don't let this fool you, though; one of our favorite sayings is, "We take our sobriety seriously, but not life!" This is evidenced by the fact that many of our original members still attend after more than 21 years.

Free Spirits is an open discussion meeting with the topic coming from either a meeting attendee or the day's reading from *Daily Reflections*. Anyone may share on the topic, or talk about something else if they need too.

At the end of the meeting, the chip person may have help handing out chips from "Chip Rat", our meeting mascot. We love to celebrate sobriety, and Chip Rat adds a special something to the celebration!

We love old timers and newcomers alike, so come by on Friday night, share your sobriety with us and give your spirits a lift! It's the perfect way to end the week. We have hot coffee, great cookies and cake, and lots of friendly people. Oh yes – and Al-Anon meets at the same time.

Heard at a Meeting

I try to take one day at a time. . .

but sometimes three or four gang up on me!



CHAIRMAN'S MESSAGE

It is with sadness that I write my last article as Intergroup Chairman. Words will never express the gratitude I have for being allowed to serve in this position for the past two years. Our Intergroup Central Office, The Helpline, The Twelfth Step Line, The Where and When, and the Website serve as the initial point of contact for those who are seeking "The Hand of A.A." I am taking this opportunity to thank the people who make these things possible.

As always A.A. Groups top the list. One representative from each group comprises the Intergroup membership. In addition providing these volunteers, groups also provide a large portion of the funding required to keep these interfaces going.

Intergroup members volunteer to spend time at Central Office assisting our Manager and Assistant Manager take care of the tasks required to provide services for groups and individuals. Other volunteers chair our "Helpline Committee" which includes several A.A. volunteers answering phones when our Central Office is closed. Another volunteer takes care of the "12th Step Line", which provides A.A. volunteers to make requested "12th Step Calls". A volunteer "Website Chairperson" interfaces with our Website provider on matters concerning website content and other issues that may arise. Another volunteer is responsible for updating and editing the electronic "Where and When" as well as the publication of the paper copy. Our "District Liaison" attends District Quarterly Meetings and reports pertinent information at our Intergroup Meetings, and the new position of "Maintenance Committee Chairperson" to enlist volunteers or hire contractors to perform maintenance at Central Office.

Each year Intergroup members volunteer to chair projects. During the past two years we have had: Two "Pinellas County A.A. Anniversary Dinners", two "Ft. Desoto Picnics" two "Gratitude Dinners" and 104 "Unity Meetings". These projects have given us all opportunities for fun and fellowship, as well as providing additional funding to support our most worthwhile work.

I would be remiss not to mention the other officers who have served Intergroup for the past two years. Our Alternate Chairperson who has been asked to take care of my job when I was not available, and give an orientation to new Intergroup Representatives. Our Secretary who records the business transacted at all of our meetings, and our Treasurer who keeps track of finance, as well as keeping up with the reporting and payments required by State and Federal government agencies.



FUN, FELLOWSHIP, SERVICE

District 1 Committee Meetings

Archives Committee

3rd Saturday - 1:30 PM
Alano Club, Dolphin Village
4615 Gulf Blvd. , #112, St. Pete Beach

Corrections Committee

2nd Monday - 6:30 PM
Our Savior Lutheran Church
4825 East Bay Drive, Largo

PI/CPC

Last Monday - 6:00 to 7:00 pm
Disston Park Church
4682 40th Avenue N., St. Petersburg

Special Needs Committee

1st Tuesday - 6:30 PM
AA Central Office
Largo, FL

Treatment Committee

Last Saturday - 10:00 AM
Our Savior Lutheran Church
4827 East Bay Drive, Largo

Grapevine Committee

2rd Saturday - 2:00 PM
49ers Group, 7490 43rd St N
Pinellas Park, FL, 33781

We also set goals at our first Steering Committee Meeting which occurred on January 13, 2009

Near Term Goals (Quarter 1, 2009)

The first goal was to elect a Treasurer. It took a couple of months, but Virginia M. (C.P.A.) stepped up and has done an excellent job ever since. **COMPLETED**

The next goal was to "Develop a Mission Statement" to be read at the beginning of each Intergroup Meeting. Kelly D. agreed to head up an "ad hoc" committee to accomplish this goal. The Mission Statement Kelly delivered is now read at the beginning of each meeting, it also appears on the Mast Head of the Plain and Straight, and is displayed in the main lobby of our Central Office. **COMPLETED**

Next was "Goals from each project chairperson". Fortunately past administrations had insisted on reports from their Chairpersons at the completion of The Anniversary Dinners, The Ft. Desoto Picnics, The Gratitude Dinners, and the ongoing Unity Meeting Projects. The Plain and Straight, The Where and When, The Help Line, also were benefited from past years reports but no new goals were submitted. **PARTIALLY COMPLETE**

Next a "Permanent Committee for the Maintenance of Central Office" We now have a Maintenance Chairperson to head up this committee. Dave R was also very instrumental in the execution of the Central Office Remodel. **COMPLETED**

"To enhance relationship with District 1 organization." This was accomplished via an agreement between Bernice M. and me. Intergroup has been selling literature at District Quarterlies, and District Project Chairpersons have been invited to announce their projects at Intergroup meetings. **COMPLETED**

"To develop a plan to attract more groups to participate in Intergroup Activities." **INCOMPLETE**

"To reduce turnover rate of Intergroup Representatives."

Alt Chairperson assigned to provide orientation during the first meeting of new Intergroup Representatives. **PARTIALLY COMPLETED**

Long Range Goals:

To develop a "plan to use available software to better utilize volunteers" for projects. **INCOMPLETE**

Reconfigure Central Office to "provide Committees access to Conference area" after business hours. **COMPLETE**

To use "Central Office to display portions of Pinellas County A.A. Archives". Archives now on display. **COMPLETE**

The rewards of sobriety are many, but Serving as Intergroup Chairman for the past two years has been unexpectedly rewarding. The job seemed daunting at first, but as time passed you showed me your desire to make this the best Intergroup Central Office there is. Thanks to all of you when anyone in Pinellas County reaches out to find A.A. Intergroup Central Office will be there to direct them to the help they are asking for.

THANK YOU

In Love and Service
Tom H. Chairman,
Pinellas County Intergroup

Elections for Intergroup Committees have been held.

Elected Officers are:
Chairman: Jim H
Vice Chairman: Virginia M
Secretary: Kelly D

At the last Intergroup meeting, a member stood for and was elected. Treasurer. Congratulations to:

Jack H. (BA/MBA/CPA & AA)



Pinellas County Unity Speakers Meeting

Join the AA Roadshow and bring your group to
DeGeorge Plaza on Starkey Road on
Saturday nights at 8:00 pm

Group: Attitude Adjustment

Chairperson: Sharon N

Preamble: Tom

How it works: Joe

Chips: Jason

Ken W-SD 9/23/2002

He says that people knew he was a drunk, and he had no anonymity. He thanks his home group for letting him speak. He's from Pittsburgh, PA, and he came to Florida in April. He started living a dream on 9/23/2002. He was sentenced straight from court to a work release program. He says that it was rough, he qualifies to be here, as evidenced by Chapter 5 in the big book, "Grave emotional and mental disorders. Now he has the capacity to be honest. At 29, he went to his first AA meeting to get a woman back. It took him a lot more years before he could get sober. He then became willing. He always put himself in a position to get his butt whooped, he put himself into situations. His parents taught him about their God. He read the bible, went to Sunday school, but he felt as if he didn't belong. He thought that everyone else knew what he didn't know. He felt different, he was shy and withdrawn. At 6 y/o, he was put into first grade, and he wanted to be in kindergarten instead, because it looked like fun. That's how he made his choices in life. If it looked good, tasted good, he had to have it. His first drink was at 14 y/o, they bought a gallon of wine. He thought that he became cool when he drank. He wanted to dazzle the women, and be a cool singer. Alcohol did for him what nothing else could do. Alcohol taught him to fly, but then it took away the sky. He went into the service, and went to Germany. People started pulling guns, and he usually got his butt whooped. He got married, and after a number of years married, his wife left him. That's when he went to his first meeting. He was looking for an easier, softer way. Then he met his second wife, had a second child. He drove her about half nuts. He wasn't drinking then, his wife divorced him, but she stuck around for a while. He went on drinking, grabbed on to another lady who became his drinking partner. He got DUI's. He thought that he could fool people, but

everyone knew that he was lying, he didn't get away with anything. The jury found him guilty, and then he started to peruse AA. He had progressed, and he had nothing then. He had gotten worse and worse. He had been an insurance agent, a sales manager. He became a jitney driver, because he could drink. After work release, he lost the desire to drink. He went to meetings, and had a nice place to live. He had a situation, a big phone bill, but he didn't drink, but it upset him. His friend asked him if he was happy yet, and he told him yes, and his friend told him that AA was working. His friend became his sponsor. He got a call from his heartthrob, she had come back to Pittsburgh. They fell back in love. They came to Florida in April. He's living a dream now. It's warm here most of the time. The people that he's met are very spiritual. He lives the program now. "Practice these principles in all our affairs". Whatever is required, he does it. Happiness and Joy. Happiness is fleeting, joy is to the bone.

**Here is a test to find
whether your mission on
Earth is finished:
If you're alive it isn't.**

Janice-SD-1/3/1992

She's the secretary of her group. She was born in Upstate, NY. She's lived mostly in Alabama, but has lived between Alabama and New York. She has moved over 50 times. She grew up with no alcohol, her father was a member of the temperance society. Her father wanted her to marry Norwegian, like he was. Her family was well off, she had a maid, a nanny, and a cook. Her picker was broken even then, she married a man who hung his clothes on nails in the walls. Her father wasn't happy, and she got sent to a school in CT. On her 18th birthday, she had a party, and got drunk, and got pregnant. So, they got married. Her father didn't like him, and they got divorced. She met another "nice guy". Her drinking didn't start until after her marriage, but she doctor shopped. She was

raised on the stage, her family were entertainers. She had no childhood. She gave it up, and had children, married this man because he told her that no one else would have her. She couldn't handle the pressure, and she gave up her kids. She thought that she was free, and that no one would tell her what to do anymore. She got a job, but she really didn't like people. She had lots of hurts and resentments. Her insides were miserable. She didn't like people who smiled. She was insecure. She hated the greeter in Walt-Mart. She got fries one day, and made the girl cry, because she couldn't get ketchup for her fries. Her job wanted her to sell major appliances, but she wanted to stay in the catalog department. She did, and she ended up being the top salesman. She was drinking at this time, and having blackouts. She didn't think that she had a problem at this time, she didn't get DUI's, didn't get fired from her job. She had a bad personality then. She had her first last drink, and came into AA. She had met someone from work who was in AA, and she went with her to meetings. She went back and forth to this meeting, and sat in the parking lot. She went in, and would sit at the table like she was Miss AA. She went back out, there was a man involved. She had a year and a half, he had 3 days. Her sponsor told her to leave him because he was drinking. She had gone to Nashville, and had drunk champagne. She was going to lie about drinking it. It took her 10 days to get back. She cried, and got rid of her ego. It was hard to accept step 3. She got baptized, and she was afraid of water. While he was baptizing her, she grabbed the ministers' tie, and they both went under the water. Things she had done embarrassed her. She grew up in a perfect home, but she didn't know how to live. Step 4 was about honesty. She had blamed other people her whole life. She still does. She prayed to God to reveal to her what she needed to do. She manipulated people, her character defects still work on her at times. When she gets angry, she can see her old behaviors. She believes in service work. She was her groups' janitor for a month. She took pride in cleaning the toilets, and the kitchen. She sponsors others. AA has taught her a new way to be. Service work is a joy to her. She's involved in AA.,

Group: 4th Dimension

Chairperson: Joan B
 How it works: Martha
 Preamble: Angela
 Chips: John

John SD-10/17/1984.

He grew up in southern California. He was an alcoholic even before he took his first drink. He blacked out, got beat up. His drug of choice was alcohol, it always worked for him. It made him feel OK inside his skin. He was OK when he drank, he crashed cars, went to jail, broke furniture. His focus was on drinking or getting high. He needed a job to have money to drink and drug. He had low-pressure jobs, he used his company van in a blackout, and hit a VW bug. He felt that it wasn't his fault. He thought that he had a mental disorder. That was his problem. He went to AA meetings, he was afraid to drink. He stayed sober three months on fear alone. He had to drink, he medicated his feelings. He went to the psych ward, where they put him on antabuse. He got really sick from drinking on antabuse. So, he tried it again. He had a breakdown, went to psych again. He couldn't get the concept of being powerless. He couldn't believe that his life was unmanageable. He had empty beer cans in his back seat. He couldn't stop drinking. Alcohol quit him before he came to AA. Alcohol stopped working. In 1984, there were treatment centers on every corner. He never wanted AA. What could he do? His one coping skill had been taken away. He went to a treatment center for 28 days. He started praying, and the compulsion to drink was taken away. He was afraid, he didn't want to be spiritual, what he wanted was for people to be sorry that he had died. He read the big book, and he understood powerlessness, and unmanageability. He knew then that he had been insane. He got a sponsor, and went to meetings. He did an inventory the best that he could. He had black and white thinking, he thought in terms of perfection. He was afraid that people wouldn't like him if they knew him. He prayed and meditated, stayed sober. He has a higher power in his life now. He kept coming back. He was lonely but he isolated himself. He needs AA. He has been catapulted into the fourth dimension. He has a job, a wife, a house, a car, he's sober, and he's a responsible citizen. This is all better than he could have planned. He's grateful. Left to his own devices, he'd be dead.

Group: Hopeful Group

Chairperson: Charlie
 Preamble: Norman
 How it works: Jason
 Chips: Carlana

Jason-SD 8/28/2010.

This will be his 5th holiday sober. He comes from Phillie, and he's done a lot of things that he's ashamed of. AA really works. He's found a great way of life. He has a great sponsor. Good things are going on in his life. He's accountable today, he goes to school, he has a relationship with his family. He goes to a lot of meetings. His higher power is unbelievable. He prays in the morning, reads the daily meditation, and he talks to God al day. Without AA, he wouldn't have anything. If he can do it, then anyone can do it. It takes what it takes, he has celebrated 4 years, and he's going to stay.

Spiritual Manna

**The secret of health for both
 mind and body is not to mourn
 for the past.**

**Not to worry about the future.
 Not to anticipate troubles,
 but to live in the present
 moment wisely and earnestly.**

Dick

The hopeful group is a close group, he loves his group. He brought nothing into AA. He thought that the only way out was to kill himself. With AA, he has no reason to drink. If he can get sober, then anyone can. He did nothing to get sober, he just went to AA. He got sober up north, they were tough on him. He felt safe at AA. His life is pretty good today. He loves being sober.

Chicago-SD-2/6/1981.

Dave is so glad to be here. It took a while to find a home group here in Florida. This is a group that gets involved. His story is that he drank too much. He's thankful that he can come someplace where he can live. He wasn't responsible, he had a wife, kids, and house. Alcoholism is a family disease. He

started drinking in 1964. He drank in the park, he quit school, joined the marines. He got a job on the railroad. He's been able to quit drinking with AA. He quit fighting his lower power. He's had enough. By the grace of God, he's still here. He'll die if he drinks. We come here because we have a problem.

Deanna-SD-5/30/2009.

She grew up in Michigan. She comes from a long line of drinkers. In high school she realized that not everyone drinks. She moved around a lot, and had to adjust to those moves. She moved out of her house, and went crazy, she had fun, and she thought that it was working for a while. Her marriage went downhill. She went to Italy, and she was mad, because she couldn't drink the wine. She started drinking again when she got back. What catapulted her into the program was her isolation. She wasn't emotionally there for her kids, she drove drunk. She went to a 30 day program, and she thought her fun was over. She's happy today. She doesn't think about drinking anymore.

Rory-SD-5/1/1993

He got tired of being sick and tired. He went to Detox, where he found out about alcoholism. He threw up every morning, then he picked himself up and went to work. He says that you need money to run a circus. His mother and aunt sent a family member to AA. He asked for help, and went to meetings after detox. He wanted to do it by himself. He tried prayer and meditation by himself. He found out that this is a "WE" program. He can't do this alone. He's grateful to be sober. He's developed sober feet. They get him where he's supposed to be. He shows up, and he keeps it simple.

Bonnie

Bonnie came in 1978, joined a single parents group, and came back in 1980. She had blackouts every day. She got scared, and she went to a AA meeting. She's grateful that she came here. But for the grace of God" She met a bunch of people that she knew. She's always with people who pop up in her life. She thinks that life is like a maze. She's been going through

mazes her whole life. But she's never alone. She's tried other options. She's using intelligence over emotions today. She's had so many problems before. Today she has found the right path.

Andy-SD-10/11/1993.

His group is the best group that there is. His favorite part about tonight is that everyone's smiling. He knows that he had a soul sickness. Living was a chore, he was miserable. He didn't have any answers. People he worked with were in AA, and he watched their lives getting better, and his get worse. He felt that he had a "little drinking problem" He had trouble with living, he couldn't live life on life's terms. He tries to do his best. AA carried him through his accident. God and his friends have helped him through all of this. He loves his life today, and he wouldn't trade it.

Susan-SD-4/26/1976

Her group is the best group. This is her favorite kind of AA, the fabulous speakers, and the great meetings. She hasn't had a need to drink again. She became healthy, she tried to do everything right. She was ready when she came to AA. She couldn't do anything without booze, and then she couldn't do anything with booze. This disease keeps progressing. She couldn't imagine it being any worse. She got a group, and a sponsor, and commitments. She went to meetings in blizzards. The only time that you can miss your meeting is if you're dead or if you're out of the country.

Norman-SD-11/1/1978.

AA is the best thing that ever happened to him that he didn't want. He went into the service, and he learned to drink. He got married, and his wife thought that she could change him. They had 5 kids. His wife left him with two kids, and she probably saved his life by leaving him with his two daughters. His hint that he was an alcoholic was sleeping on someone else's lawn. At the end he was hallucinating, and he thought that his refrigerator was playing music. He ended up on his knees, prayed to God to help him and he went to AA. He had anger, and he fought it all the way. He's learned to stop fighting everyone. He's had

a life second to none. He's always believed in God, with AA he's learned to put God meaningfully into his life.

Group: Kitchen Table

Chairperson: J.B

Preamble: Joanie

How it works: Gordon

Chips: Melinda

Nelson-SD-4/10/2009. It's funny that he's first speaking, because he waited for everyone to get here, and then he's the first speaker. He's a little nervous tonight. His life was chaotic, and unmanageable. He had low self esteem, In his relationships, he took hostages. His father was abusive, and he learned how to hate from him. When he hated, he drank. He packed in his emotions, and he didn't trust anyone.

Alcoholic Humor

An AA who had just spent time with his family for the holidays was back at his home group.

He shared that a relative had told him that she liked him better when he was drinking.

He responded: Yeah? I liked you better when I was drinking TOO!

He first came in to AA in 1993, and he didn't believe anything, he just came in to have his paper signed. He never wanted to look at himself. He couldn't keep a job, a girl, or friends. Inside, he was crying for help. He tried geographic cures, he was always running away from himself. He had started going to meetings, but then he sabotaged himself. He knew how to run away. In only two weeks he lost everything, he was worse than before. He always blamed other people, he didn't think that he had a problem. He had another trip to Detox. He came to Florida, and he got a job, and a place to live. He rode his bike, and he stayed sober, payed off his fines, and got his license back. His roommate was a blessing from God. He went to the Kitchen table, and he got a sponsor, and he opened up to his sponsor. That was a challenge to him. He's been honest in all of

his affairs. Today he accepts his feelings, prays about them, and then moves on. He doesn't pick up a drink today. He faces his situations today. Today he has a relationship with God. He got married, they have a baby, and they bought a house. Life is a blessing. He doesn't worry about his image today, because he's comfortable in his own skin.

Melinda-SD-4/26/2009

Both of Melinda's parents are alcoholics. She had her first drink when she was 14 y/o. She never wanted to deal with her feelings, and the first drink numbed everything. She loved it, and at first it was fun. She started college, and got DUI's, and she tried geographic changes. When she was 16 y/o the AA seed was planted, when her parents started in AA. But her alcoholism progressed to 24/7. She would drink energy drinks with alcohol in the morning, and drink in the bar at nite. When her bottom came, she felt like she was a slave to alcohol. She didn't have a choice anymore. She then realized that her life wasn't going to get any better this way, she thought that she would die. She couldn't stop drinking. She knew that AA worked, it was working for her parents. She did a few 90 meetings in 90 days. She would stop drinking, but she would still use other substances. Today, she is grateful to God, to the people that she's met, and she's grateful for the steps of AA. Today she is aware of her character defects, and today she works on them.

Joanie-SD-10/27/1993

Joanie had to go down, she had to know that she was an alcoholic. Her father is an alcoholic. She was one of seven kids in her family. Even when she was a kid, she never wanted to be where she was at. She always wanted change. When she started school, she felt safe there. She helped take care of the kids at home, changing diapers, and feeding them. Today she's a teacher and she works in early childhood education. She had her first drink when she was 17 y/o. She got drunk, she got sick, and it embarrassed her. But that didn't keep her from drinking again. Her twin sister isn't an alcoholic. She blacked out at 19 y/o, and

she thought that was normal. She got a DUI, but she couldn't stop drinking. She didn't know that alcohol was her problem, until she drank everything away. She met her husband in AA. She went to a treatment center, and she was mad that she had to stop drinking. She was angry at the people trying to help her, she didn't feel that she belonged in treatment. She stayed dry for months, but she didn't work on herself. She drank again, and in four years, her alcoholism progressed. She lost her job, her place to live, she knew "Incomprehensible demoralization." God gave her his grace then. She's been in situations, but she hasn't drank. She has a lot of fear, and she uses the 3rd step prayer to help. She feels good about herself today. She laughs a lot. She remembers being arrested, and not knowing why. She read the arrest report, and she didn't recognize the woman in the report. She realized that she had ended up like her Dad. She's nothing without her sobriety. God is good. She hasn't had to pick up that first drink, and she says that no one else has to pick up that first drink either.

Gordon

Gordon was introduced to AA in 1971, when he was baker acted, and he was sent to the state hospital. He was under 21 at the time, and he was full of "stuff". He still drank, he thought that he knew everything, and he thought that he was cool, because he had been in the state hospital. Alcoholism always gets worse, never better. He had DUI's , and crashed motorcycles, but he didn't think that he had a problem. He learned about alcoholism then, and he tried to stop drinking by willpower. He kept getting in trouble, and he ended up in a treatment center. His life was unmanageable, and he knew that he was powerless over alcohol. His pride was killing him, and he surrendered. He knew that he didn't want to die, or to end up in prison. He went to meetings, and he tried to help people, and to give them hope. He says that you don't have to drink, and that life does get better. He has the same job, the same house, and today he can retire.

These are the blessings from AA membership. We're more alike, then we are different. When he realized that, that's when recovery started. Alcohol is only a symptom of the disease. God took the obsession away, when he was able to trust enough. He keeps coming to AA. He volunteers today, he has friends, and a new life. He wouldn't give up his sobriety for anything. One day at a time, he couldn't do this on his own.

J.B-SD-6/24/2004

J.B. loves the kitchen table. He says that if you don't think that your home group is the best, then you need another home group. He turned his will and his life over to the care of God. He has to maintain his abstinence. Sobriety brings up all together. AA works, don't drink, and go to meetings. He applies these principles in all of his affairs. He works the steps to live, that is the program of AA today. AA works completely. Trust God, clean house, and help others.

Unity Schedule

In December, the Hosts will be:
12/04-----Go After Your Sobriety
12/11-----Primary Purpose
12/18-----Lunch Bunch Dunedin
12/25-----Our Common Problem

In January the Hosts will be:
1/01-----Unity Thank You Meeting
1/08-----Thursday Night Speakers
1/15-----Real Happy Hour
1/22-----Abes Place
1/29-----Simple Solutions

The Unity Speaker's Meeting is a project of Pinellas County Intergroup. To sign up your group, go to the web site www.aa-pinellas.org and click on group submissions or call Melody at 727-623-1296.

This is an Open Speaker Meeting and is family friendly. You are invited to come join us every Saturday night at 8:00 PM at the DeGeorge Plaza, located at 12678 Starkey Road in Largo.

IMPORTANT NOTICE



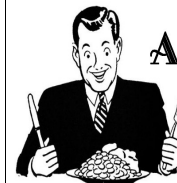
THE 2011 FT. DESOTO PICNIC!

It will be held

April 17th, 2011

NOT

April 24th, 2011



**ANNIVERSARY
 DINNER
 & DANCE**

Where: East Bay Country Club
 702 Country Club Drive
 Largo, FL, 33770

When: Saturday,
 February 12, 2011
 Doors Open at 5:00pm
 Dinner at 6:00pm

**Speaker: Lyle P-Author
 of "Grounded"
 AA 4th Edition**

Tickets: \$28.00

**Available:
 Central Office
 727-530-0415
 or
 Intergroup Rep**

Pinellas County Intergroup

Contributions Report
September, 2010



A ticket,
A tasket,
If you can,
Put TWO in the basket

	Nov 10	Jan - Nov 10
2250 Group	0.00	400.00
3rd Tradition Group	0.00	93.00
4th Dimension	66.50	244.00
7 and Up	0.00	50.00
A Day At A Time	0.00	69.86
AA By The Sea	0.00	232.91
ABC	0.00	25.00
ABES Place	0.00	1,878.10
Absolute Sobriety	0.00	150.00
Afterwork Bunch	170.77	748.14
All Ages	200.00	800.00
All For One	0.00	250.00
Amazing Grace	0.00	26.00
Anonymous	0.00	180.00
Archangel Group	250.00	550.00
At The End Of The Rainbow	230.00	1,003.62
Attitude Adjustment	0.00	1,986.00
Back Porch Lunch Bunch	0.00	450.00
Back To The Book	0.00	93.48
BAIGIS	30.00	270.00
Beach Bunch	0.00	300.00
Beacon Group	0.00	30.00
Blind Pass Group	75.00	225.00
Bullet Proof	0.00	34.67
Cash Customer	0.00	80.79
Center Of Hope	0.00	60.00
Clearwater Group	0.00	280.00
Coffee Makers Beginner Step Study	0.00	100.00
Common Solution	0.00	98.66
Countryside Women	0.00	200.00
Couples Growing Together	0.00	86.51
Don Vista Group	0.00	180.00
Dunedin Group	0.00	50.00
East Lake Group	0.00	1,189.00
Feelings Group	120.00	440.00
Find Yourself	0.00	514.25
Forty Niners	20.00	180.00
Free Spirits	45.00	405.00
Go After Your Sobriety	0.00	211.34
GOYA	200.00	360.00
Grow Up Group	0.00	80.00
High Noon Daily	0.00	85.00
Highpoint	0.00	165.00
Holiday Isles Group	0.00	100.00
Honesty Group	0.00	100.00
Hopeful Group	0.00	166.50
Indian Rocks Beach	0.00	50.00
Intergroup Meeting	43.97	588.56
Into Action	0.00	200.00
Keep It Simple	0.00	405.00
Kirk Group	125.78	381.16
KOALA	0.00	20.00
KOINONIA Group	50.00	50.00
Ladies' Beach Serenity Break	0.00	25.00
Ladies Night	0.00	102.00
Log Cabin Speakers	0.00	100.00
Lunch Bunch	446.35	2,254.16
Maximo Point	0.00	50.00
Mid-Day Miracle	0.00	125.00
Mixed Nuts	0.00	160.00
Monday Night Speakers	0.00	150.00
New Beginnings Womens Meeting	0.00	453.00
New Freedom/New Happiness	0.00	275.00

New Hope	0.00	400.00
New Women For Sobriety	0.00	25.00
Off Your Chest	163.53	163.53
Oldsmar Group	0.00	985.00
Our Common Problem	0.00	100.00
Ozona Group	0.00	1,076.55
Palm Harbor Group	340.00	810.92
Philippe Park	75.00	175.00
Primary Purpose	35.00	443.07
Progress Not Perfection	87.50	226.83
Rivera Group	0.00	20.00
Sat. Morning Wome's Big Book	0.00	360.00
Sat. A.M. Women's Big Book	25.00	145.00
Saturday Morning Men's Step	0.00	117.00
Saturday Morning Mens Group	0.00	509.00
Saturday Night Group	0.00	25.00
Saturday Steppin' In	0.00	305.00
Seminole Group	0.00	613.00
Serenity Seekers	133.21	1,186.84
Shore Acres Gratitude	0.00	495.55
Snowbirds	0.00	50.00
Sober In Paradise	0.00	110.00
Sober Spirits	0.00	198.25
Special Needs Committee	10.00	90.00
Spirit Group	127.50	127.50
St Pete Beach Young Peoples Group	44.14	44.14
Step Sisters	0.00	90.00
Step Up To The Plate	0.00	27.22
Steps For Sobriety	0.00	120.00
Stonewall Men's	87.50	87.50
Sunday A.M. Big Book	0.00	87.19
Sunday Brunch	0.00	100.00
Sunrise Sunset	360.00	2,981.00
Sunset Beach	0.00	883.73
Sunshine City	200.00	500.00
TGIS Women's Meeting	0.00	300.00
THE GOD STUFF	0.00	30.00
The Real Happy Hour	0.00	51.50
Thursday Morning Break	0.00	191.83
Thursday Night Uplifters	0.00	50.00
Today In Sobriety	0.00	320.00
Triangle	0.00	50.00
Tuesday Night Men's	0.00	150.00
Turner Street Evening	0.00	125.00
Unity Meeting	280.00	2,591.71
We Agnostics	0.00	25.00
We Are Not Saints	0.00	105.00
We Don't Know Yet	0.00	50.00
Weds Nite Men's Step	0.00	74.00
What's Your Motive	0.00	208.07
Women In Step	0.00	45.00
Women Stepping Up	0.00	93.00
Women With Freedom	0.00	120.00
Wonderful Program	0.00	225.00
	\$4,041.75	\$39,094.64

Meeting Changes

Sober Not Dead	49ers Group
Tuesday, 6:45pm	New Location
Campfire Meeting	All Meetings
Dry Dock Center	Buccaneer Plaza
Tarpon Springs	6661 49th Street N
No Longer Meets	Pinellas Park, FL, 33781



Anniversaries

November

2250

Bev T	3
Rita D	7
Jim W	4
Jimmy J	10
James	15

3rd. Tradition

Chris k.	2
Mary g.	2

301 Clearwater Group

Gail	3
Mike	11
John B.	22
Richard	27
Joe S.	27
James	28
Pete	30
Duke	30

49ers

Philip	31
Ray	24
Sandra	3
Ada	17
Bob J	19
Caveman Bob	12
Ellis	9
Happy Herman	24
Jane T	4
Jim H	30
Mark J	5
Maryanne	4
Paul N	5

Abe's Place

Charlie P.	9
Kellie B	13
Kim D.	16
Mark W.	20
Roger H.	20
Jim D.	23
Bob S.	29
Frank B.	29
Norman K.	42

After Work Bunch

Ted M.	04
Lee M.	01
Michael W.	02

Alive Again

Geoff E.	31
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All Ages Of Gulfport

Sherry C	3
Diana S	9

Attitude Adjustment

Kurt	28
Monk	1
John G	1
Glen	30
Claude	52
Don	22
Dan H	15

Back Porch Lunch Bunch

Joe G	2
Lee	1
Ronald R	2
Deborah S	1
Bob Mc	30
Annmarie M	36
Bill M	5
Eric P	4
Bonnie P	4
Karen M	3
Rocky B	4
Tammy D	3
Maria A	2
Hal D	46

BAIGIS

Jeff E.	31
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Blind Pass Group

Steve S.	2
Maria I.	24
Christine S.	2
Ethel G.	7
Mark C.	2
Pat O.	1
Christine A.	18
Nick S.	4
Martha F.	14
Joe W.	14
Dan P.	23
Neal	1
Brian H.	5
John W.	1

Countryside

Rose W	29
Michael W	2

Don Vista

David H.	23
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Dunedin

Susan B.	2
Susan K.	5

GOYA

Terry S.	1
Joe H.	1
Barbara B.	11
Dan H.	18

Hi Noon Daily

Phi. W.	31
Bill L.	25
Pat K.	25

Hopeful Group

Norman C.	36
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Into Action

Ronda	3
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Ladies Beach Serenity Group

Carol F	17
Betsy E	18
Martha F	24
Bonnie G	29

Last Call	
James W.	3

Lunch Bunch-Dunedin

Terri D	22
Richard M	27
Joe S	27
Lee M	1
John A	1
Anne O	1
Mike H	1
Jim W	3
John T Sr.	8
Liz M	12
John R	15
Sherman S	20
Smokey T	20

Monday Night Speakers

Wayne B.	33
Bob K.	31
Kelley B.	28
Roger H.	20
Mike E.	11
Jeannette H.	3
Tammy D.	3
AAaron B.	1
Jessi A	1
Kelly	1
Tom C.	1

New Hope

Jean G.	16
Bonnie G,	29

Ozona

Tom G	35
Chris	23
Kevin K	12
John Mc	6

Real Happy Hour

Tom P.	1
Fred H.	19

St.Petersburg Group

Diana S.	8
Kimble	8

Seminole Group

Chris C	1
Mary S.	23
Kenny F.	20

Shore Acres Gratitude

Wendy W.	17
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Sober Spirits

Bill S.	20
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Sunrise/Sunset

Pam K	1
Chris F	5
John E	5
Ken	5
Tim B	21
Mickey K	24
Bev K	26
Jackie C	26
Charyl	26
Bennett H.	37

Sunshine City

Jack P.	17
Carol V.	24

October Missed Anniversaries

All Ages Of Gulfport

Tom C	33
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Countryside

Laura A	18
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Don Vista

Frank P.	5
Bruce A.	20
Jim P.	21

Ozona

MJ	1
Michael H	1
Shellie S	1
Larry P	18